

DECEMBER

Mon

Tue

Wed

Thu

Fri

Instructors

Susanne Small

201-529-5757 x 213

ssmall@mahwahtwp.org

Rosalie Giudice

201-529-5757 x 277

rgiudice@mahwahtwp.org

Township Website:

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9:30 Bridge
10:00 Pilates
11:00 Zumba
12:15 Arthritis Class
12:30 Mahjong

4

10:00 Line Dancing
11:00 Aerobics
12:00 YOGA
12:15 Canasta
1:00 Woodcarving

5

Sr. Advisory Board Mtg.
10:00 ART GROUP
10:00 Chair Yoga
12:00 Body toning
12:30 Watercolor
12:30 Bridge
2:00 Zumba

6

10:00 Current Events
Discussion Group
12:00
**Holiday Dance/
Luncheon**

7

9:00 FUNctionally Fit
10:00 Jazz
11:00 Yoga
12:00 Knitting
1:00 Woodcarving

Monday:

PILATES

Gina Pano Baumann

ZUMBA

and Arthritis Class

Mary Lee Costello



10

9:30 Bridge
10:00 Pilates
11:00 Zumba
12:15 Arthritis Class
12:30 Mahjong

11

10:00 Line Dancing
11:00 Aerobics
12:00 YOGA
12:15 Canasta
1:00 Woodcarving
1:30 Blood-pressure

12

10:30 NYC TRIP
10:00 ART GROUP
10:00 Chair Yoga
12:00 Body toning
12:30 Watercolor
12:30 Bridge
2:00 Zumba

13

10:00 Current Events
Discussion Group
12:00
**Club Meeting
Bingo**

14

9:00 FUNctionally Fit
10:00 Jazz
11:00 Yoga
12:00 Knitting
1:00 Woodcarving

Tuesday

Line Dancing

Helene Heschle

Aerobics

Donna Baccaro

Yoga

Margrit Eddy

17

9:30 Bridge
10:00 Pilates
11:00 Zumba
12:15 Arthritis Class
12:30 Mahjong

18

NO Line Dancing
11:00 Aerobics
12:00 YOGA
12:15 Canasta
1:00 Woodcarving

19

10:00 ART GROUP
10:00 Chair Yoga
12:00 Body toning
12:30 Watercolor
12:30 Bridge
2:00 Zumba

20

10:00 Current Events
Discussion Group
12:00 MOVIE DAY

21

9:00 FUNctionally Fit
10:00 Jazz
11:00 Yoga
12:00 Knitting
1:00 Woodcarving

Wednesday:

Chair Yoga

Diane Davis

Body-toning

Michelle Bufis

Watercolor /Acrylics

Peggy Dressel

24

**Christmas Eve
Building closed**



25

**Christmas Day
Building closed**



26

10:00 ART GROUP
10:00 Chair Yoga DVD
12:00 Body toning
12:30 Watercolor
12:30 Bridge
2:00 Zumba

27

10:00 Current Events
Discussion Group
12:00
**Club Meeting
Bingo**

28

9:00 FUNctionally Fit
10:00 Jazz
11:00 Yoga
12:00 Knitting
1:00 Woodcarving

Thursday

Current Events

Discussion

Phil McLewin

Every 2nd and 4th

31

**New Years Eve
Senior Center is
closed**



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**New Years Day
Building closed**



2

10:00 ART GROUP
10:00 Chair Yoga
12:00 Body toning
12:30 Watercolor
12:30 Bridge
2:00 Zumba

3

10:00 Current Events
Discussion Group

4

9:00 FUNctionally Fit
10:00 Jazz
11:00 Yoga
12:00 Knitting
1:00 Woodcarving

Friday:

Yoga

MaryAnn Gebhardt

Jazz

Donna Baccaro

FUNctionally Fit

Jeffrey Warley