

# APRIL

# Mon

# Tue

# Wed

# Thu

# Fri

# Instructors:

**Susanne Small**

201-529-5757 x 213

ssmall@mahwahtwp.org

**Rosalie Giudice**

201-529-5757 x 277

rgiudice@mahwahtwp.org

Township Website:

[www.mahwahtwp.org](http://www.mahwahtwp.org)

**3**

9:30 Bridge  
10:00 Pilates  
11:00 Jazzercise  
12:30 Mahjong  
2:00 Body-toning  
**AARP TAXES**

**4**

10:00 Pinochle  
10:00 Line Dancing  
11:00 Zumba  
12:00 Yoga  
12:15 Canasta  
1:00 Woodcarving

**5**

10:00 Drawing/ Acrylics  
10:00 Chair Yoga  
11:00 Aerobics  
12:30 Watercolor  
12:30 Bridge  
**1:30 Argentine Dance**

**6**

10:00 Current Events  
Discussion Group  
**12:00**  
**Dental Hygiene Lunch**  
**and Learn**  
**Educational Program**  
**Student Guest**  
**Speakers**

**7**

9:45 Zumba  
10:00 Pinochle  
11:00 Yoga  
12:00 Knitting  
12:30 Dance Class  
**2:00 Argentine Dance**  
1:00 Woodcarving  
**AARP TAXES**

## Monday:

### **PILATES**

**Gina Pano Baumann**  
**Jazz Infused Combo**

**Donna Baccaro**

### **BodyToning**

**Michele Lavitola**

**We would like to welcome back Ceferino and Eva Roth from Buenos Aires. Our Dance Classes are scheduled for Wednesdays and Fridays**

**10**

9:30 Bridge  
10:00 Pilates  
11:00 Jazzercise  
12:30 Mahjong  
1:00 Memoir Writing  
2:00 Body-toning  
**AARP TAXES**

**11**

10:00 Pinochle  
10:00 Line Dancing  
11:00 Zumba  
12:00 Yoga  
12:15 Canasta  
1:00 Woodcarving  
**1:15 Bloodpressure**

**12**

10:00 Drawing/ Acrylics  
10:00 Chair Yoga  
11:00 Aerobics  
12:30 Watercolor  
12:30 Bridge  
**1:30 Argentine Dance**

**13**

10:00 Current Events  
Discussion Group  
**12:00**  
**Senior Club Meeting**  
**BINGO**  
**Coffee and Cake**

**14**

**GOOD FRIDAY**  
**Building Closed**

## Tuesday

**Line Dancing**

**Helene Heschle**

### **ZUMBA**

**Shelley Capener**

### **YOGA**

**Margret Eddy**

**REIKI HEALING with Carol Marker April 18 and 25 at 1:30 pm**

**17**

9:30 Bridge  
10:00 Pilates  
11:00 Jazzercise  
12:30 Mahjong  
2:00 Body-toning  
**AARP TAXES last day**

**18**

10:00 Pinochle  
10:00 Line Dancing  
11:00 Zumba  
12:00 Yoga  
12:15 Canasta  
1:00 Woodcarving  
**1:30 Reiki Healing**

**19**

**10:00 Senior Advisory Board Meeting**  
10:00 Drawing/ Acrylics  
10:00 Chair Yoga  
11:00 Aerobics  
12:30 Watercolor  
12:30 Bridge  
**1:30 Argentine Dance**

**20**

10:00 Current Events  
Discussion Group  
**12:00**  
**Spring Fling**  
**Lunch and Dance**  
**With Nick Del Giudice**

**21**

9:45 Zumba  
10:00 Pinochle  
11:00 Yoga  
12:00 Knitting  
12:30 Dance Class  
**2:00 Argentine Dance**  
1:00 Woodcarving

## Wednesday:

**Chair Yoga**

**Diane Davis**

**Watercolor**

**/Acrylics**

**Peggy Dressel**

**Aerobics**

**Michele Lavitola**

**24**

9:30 Bridge  
10:00 Pilates  
11:00 Jazzercise  
12:30 Mahjong  
1:00 Memoir Writing  
2:00 Body-toning

**25**

10:00 Pinochle  
10:00 Line Dancing  
11:00 Zumba  
12:00 Yoga  
12:15 Canasta  
1:00 Woodcarving  
**1:30 Reiki Healing**

**26**

10:00 Drawing/ Acrylics  
10:00 Chair Yoga  
11:00 Aerobics  
12:30 Watercolor  
12:30 Bridge  
**1:30 Argentine Dance**

**27**

10:00 Current Events  
Discussion Group  
**12:00**  
**Senior Club Meeting**  
**BINGO**  
**Coffee and Cake**

**28**

9:45 Zumba  
10:00 Pinochle  
11:00 Yoga  
12:00 Knitting  
12:30 Dance Class  
**2:00 Argentine Dance**  
1:00 Woodcarving

## Thursday

**Current Events**

**Discussion**

**Phil McLewin**

**Every 2nd and 4th Senior Club Meeting**



**Friday:**