

APRIL

Mon

Tue

Wed

Thu

Fri

Instructors

Susanne Small
201-529-5757 x 213
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Rosalie Giudice
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Township Website:
www.mahwahtwp.org

2
9:30 Bridge
10:00 Pilates
11:00 Zumba
12:15 Arthritis Class
12:30 Mahjong

3
10:00 Pinochle
10:00 Line Dancing
11:00 Aerobics
12:00 Ballet
12:15 Canasta
1:00 Woodcarving

4
10:00 ART GROUP
10:00 Chair Yoga DVD
11:00 YOGA
12:00 Body toning
NO Watercolor
12:30 Bridge

5
10:00 Current Events
Discussion Group
12:00
Senior Club Meeting
BINGO
Coffee and Cake

6
9:45 Zumba
10:00 Pinochle
11:00 Yoga
12:00 Jazz
12:00 Knitting
1:00 Woodcarving

Monday:
PILATES
Gina Pano
Baumann
ZUMBA and Arthritis
Chair Yoga Class
Mary Lee Costello

9
9:30 Bridge
10:00 Pilates
11:00 Zumba
12:15 Arthritis Class
12:30 Mahjong

10
10:00 Pinochle
10:00 Line Dancing
11:00 Aerobics
12:00 Ballet
12:15 Canasta
1:00 Woodcarving
1:15 Bloodpressure Clinic

11
10:00 ART GROUP
10:00 Chair Yoga
11:00 YOGA
12:00 Body toning
12:30 Watercolor
12:30 Bridge

12
10:00 Current Events
Discussion Group
11:00 Memoir Writing
12:00
Senior Club Meeting
BINGO
Coffee and Cake

13
9:45 Zumba
10:00 Pinochle
11:00 Yoga
12:00 Jazz
12:00 Knitting
1:00 Woodcarving

Tuesday
Line Dancing
Helene Heschle
Aerobics
and Ballet
Donna Baccaro

16
9:30 Bridge
10:00 Pilates
11:00 Zumba
12:15 Arthritis Class
12:30 Mahjong

17
10:00 Pinochle
10:00 Line Dancing
11:00 Aerobics
12:00 Ballet
12:15 Canasta
1:00 Woodcarving

18
10:00 Sr. Advisory Mtg.
10:00 ART GROUP
10:00 Chair Yoga
11:00 YOGA
12:00 Body toning
12:30 Watercolor
12:30 Bridge

19
10:00 Current Events
Discussion Group
12:00 BOX LUNCH
Concert With Singer
EveOn Vox

20
9:45 Zumba
10:00 Pinochle
11:00 Yoga
12:00 Jazz
12:00 Knitting
1:00 Woodcarving

Wednesday:
Chair Yoga
Diane Davis
Yoga
Margrit Eddy
Bodytoning
Michelle Bufis



Performance Of
Singer Eve On Vox
April 19
Box Lunch

23
9:30 Bridge
10:00 Pilates
11:00 Zumba
12:15 Arthritis Class
12:30 Mahjong

24
10:00 Pinochle
10:00 Line Dancing
11:00 Aerobics
12:00 Ballet
12:15 Canasta
1:00 Woodcarving

25
10:00 ART GROUP
10:00 Chair Yoga
11:00 YOGA
12:00 Body toning
12:30 Watercolor
12:30 Bridge

26
10:00 Current Events
Discussion Group
11:00 Memoir Writing
12:00
Senior Club Meeting
BINGO
Coffee and Cake

27
9:45 Zumba
10:00 Pinochle
11:00 Yoga
12:00 Jazz
12:00 Knitting
1:00 Woodcarving

Thursday
Current Events
Discussion
Phil McLewin
Every 2nd and 4th
Senior Club Meeting

30
9:00 Frankie Valli Trip
Four Season Tribute
9:30 Bridge
10:00 Pilates
11:00 Zumba
12:15 Arthritis Class
12:30 Mahjong



Friday:
Zumba
Shelley Capener
Yoga
MaryAnn Gebhardt
Jazz
Donna Baccaro