

FEBRUARY

Mon

Tue

Wed

Thu

Fri

Instructors

Susanne Small
201-529-5757 x 213
ssmall@mahwahtwp.org
Rosalie Giudice
201-529-5757 x 277
rgiudice@mahwahtwp.org
Township Website:
www.mahwahtwp.org

In the event of bad weather, our office may be closed or activities may be cancelled.

If a major snow-storm is predicted our activities will be cancelled and the office will be closed.

Please check the new time for **ZUMBA** on **Wednesdays:**
1:00 pm



1
9:00 FUNctionally Fit
10:00 Jazz
11:00 Yoga
12:00 Knitting
1:00 Woodcarving

Monday:
PILATES
Gina Pano Baumann
ZUMBA and Arthritis Class

February 7th @ 11:00 am
Breakfast Identity Theft Presentation
Boiling Springs Savings Bank
Please register. No walk ins

4
9:30 Bridge
10:00 Pilates
11:00 Zumba
12:15 Arthritis Class
12:30 Mahjong

5
9:30 Beginners Line Dance
10:00 Line Dancing
11:00 Aerobics
12:15 Canasta
1:00 Woodcarving

6
10:00 ART GROUP
10:00 Chair Yoga
11:15 Body toning
12:30 Watercolor
12:30 Bridge
1:00 Zumba

7
10:00 Current Events Discussion Group
11:00 Breakfast Identity Theft Presentation
Boiling Springs Savings Bank
Please sign up. NO WALK INS

8
9:00 FUNctionally Fit
10:00 Jazz
11:00 Yoga
12:00 Knitting
1:00 Woodcarving

Tuesday
Line Dancing
Helene Heschle
Aerobics
Donna Baccaro

February 21st
12:00 LUNCH \$ 5.00 p.p.
Mahwah High School Select String Orchestra playing Love songs And Chamber Voices Singing various songs
Reservations are made by payment

11
9:30 Bridge
10:00 Pilates
11:00 Zumba
12:15 Arthritis Class
12:30 Mahjong

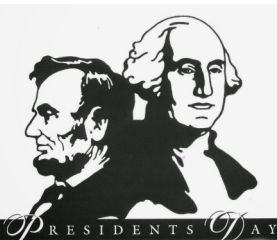
12
9:30 Beginners Line Dance
10:00 Line Dancing
11:00 Aerobics
12:15 Canasta
1:00 Woodcarving

13
10:00 ART GROUP
10:00 Chair Yoga
11:15 Body toning
12:30 Watercolor
12:30 Bridge
1:00 Zumba

14
10:00 Current Events Discussion Group
11:00 Memoir Writing
12:00 Club Meeting Bingo

15
9:00 FUNctionally Fit
10:00 Jazz
11:00 Yoga
12:00 Knitting
1:00 Woodcarving

Wednesday:
Chair Yoga
Diane Davis
Body-toning
Michelle Bufis
Watercolor /Acrylics
Peggy Dressel
Zumba
Shelley Capener



18
Presidents Day observed
Building closed

19
9:30 Beginners Line Dance
10:00 Line Dancing
11:00 Aerobics
12:15 Canasta
1:00 Woodcarving

20
10:00 Sr. Advisory Board Mtg.
10:00 ART GROUP
10:00 Chair Yoga
11:15 Body toning
12:30 Watercolor
12:30 Bridge
1:00 Zumba

21
10:00 Current Events Discussion Group
12:00 LUNCH
Mahwah High School Select String Orchestra playing Love songs And Chamber Voices Singing various songs

22
9:00 FUNctionally Fit
10:00 Jazz
11:00 Yoga
12:00 Knitting
1:00 Woodcarving

Thursday
Current Events Discussion
Phil McLewin
Every 2nd and 4th Senior Club Mtg.



25
9:30 Bridge
10:00 Pilates
11:00 Zumba
12:15 Arthritis Class
12:30 Mahjong

26
9:30 Beginners Line Dance
10:00 Line Dancing
11:00 Aerobics
12:15 Canasta
1:00 Woodcarving

27
10:00 ART GROUP
10:00 Chair Yoga
11:15 Body toning
12:30 Watercolor
12:30 Bridge
1:00 Zumba

28
10:00 Current Events Discussion Group
11:00 Memoir Writing
12:00 Club Meeting Bingo



Friday:
FUNctionally Fit
Jeffrey Warley
Jazz
Donna Baccaro
Yoga
MaryAnn Gebhardt