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		Kendall Angulo x277 Activities Coordinator kangulo@mahwahtwp.org Ali Duroy x213 Director of Senior & Human Services aduroy@mahwahtwp.org ALL ACTIVITIES ARE SUBJECT TO CHANGE. 201-529-5757 Z= Classes are ALSO on ZOOM	1 9:00 A.M. Tai Chi Chih 10:00 A.M. Chair Yoga w/Diane (ZOOM is 11:30 a.m.) 10:00 A.M. Pinochle 10:30 A.M. Watercolor w/Peggy 12:00 P.M. Pool 12:30 P.M. Bridge 2:15 P.M. Pilates w/Gina	2 10:00 A.M. Pinochle 10:00 A.M. Current Events 1:30 P.M. Pool	3 10:00 A.M. Pinochle 10:00 A.M. Flex, Stretch & Balance w/Donna Z 11:00 A.M. Dancercise w/ Donna Z 12:00 P.M. Knitting 12:30 P.M. Yoga & Meditation w/Mary Ann Z 1:00 P.M. Dominos 1:30 P.M. Pool Ugly Sweater Day	
5  Nov 28 th -Dec 6 th	6 9:30 A.M. Bridge 10:00 A.M. Zumba Gold Toning w/Mary Lee Z 11:30 A.M. Arthritis, Balance w/ Mary Lee Z 12:30 P.M. Mahjong 1:30 P.M. Pool Players 2:00 P.M. Aerobics w/DonnaZ	7 Pearl Harbor Remembrance 10:00 A.M. Line Dancing w/Helene 11:15 A.M. Zumba Gold Chair w/Mary Lee Z 12:15 P.M. Canasta 1:30 P.M. Pool Ugly Sweater Day 1:30 P.M. to 3:30 P.M. Monthly Health Screening	8 9:00 A.M. Tai Chi Chih 10:00 A.M. Chair Yoga w/Diane (ZOOM is 11:30 a.m.) 10:00 A.M. Pinochle 10:30 A.M. Watercolor w/Peggy 12:00 P.M. Pool 12:30 P.M. Bridge 2:15 P.M. Pilates w/Gina	9 10:00 A.M. Pinochle 10:00 A.M. Current Events 12:00 P.M. Bingo 2:00 P.M. Pool Christmas Carol Musical at White Plains NY	10 9:30 A.M. Flex, Stretch & Balance w/Donna Z 10:00 A.M. Pinochle 10:30 A.M. Dancercise w/ Donna Z All other activities for the day are cancelled in prep of party Christmas Holiday Party 12:30PM	
	13 9:30 A.M. Bridge 10:00 A.M. Zumba Gold Toning w/Mary Lee Z 11:30 A.M. Arthritis, Balance w/ Mary Lee Z 12:30 P.M. Mahjong 1:30 P.M. Pool Players 2:00 P.M. Aerobics w/DonnaZ Harriet Medicare (Apt. Only)	14 10:00 A.M. Line Dancing w/Helene 11:15 A.M. Zumba Gold Chair w/Mary Lee Z 12:15 P.M. Canasta 1:30 P.M. Pool Peddlers Village Bus leaves at 9:30am Winter Begins	15 9:00 A.M. Tai Chi Chih 10:00 A.M. Chair Yoga w/Diane (ZOOM is 11:30 a.m.) 10:00 A.M. Senior Advisory Meeting 10:00 A.M. Pinochle 10:30 A.M. Watercolor w/Peggy 12:00 P.M. Pool 12:30 P.M. Bridge 2:15 P.M. Pilates w/Gina	16 CENTER IS CLOSED FOR EMPLOYEE EVENT	17 10:00 A.M. Pinochle 10:00 A.M. Flex, Stretch & Balance w/Donna Z 11:00 A.M. Dancercise w/ Donna Z 12:00 P.M. Knitting 12:30 P.M. Yoga & Meditation w/Mary Ann Z 1:00 P.M. Dominos 1:30 P.M. Pool	
19 	20 9:30 A.M. Bridge 10:00 A.M. Zumba Gold Toning w/Mary Lee Z 11:30 A.M. Arthritis, Balance w/ Mary Lee Z 12:30 P.M. Mahjong 1:30 P.M. Pool Players 2:00 P.M. Aerobics w/DonnaZ	21 10:00 A.M. Line Dancing w/Helene Cancelled 10:00 A.M. Alzheimer's Support & Educational group with Debbie 11:15 A.M. Zumba Gold Chair w/Mary Lee Z 12:15 P.M. Canasta 1:30 P.M. Pool	22 9:00 A.M. Tai Chi Chih 10:00 A.M. Chair Yoga w/Diane (ZOOM is 11:30 a.m.) 10:00 A.M. Pinochle 10:30 A.M. Watercolor w/Peggy 12:00 P.M. Pool 12:30 P.M. Bridge 2:15 P.M. Pilates w/Gina	23 HOLIDAY Center Closed	24 HOLIDAY- Center Closed Christmas Eve 	25 Christmas 
26 Kwanzaa Begins 	27 9:30 A.M. Bridge 10:00 A.M. Zumba Gold Toning w/Mary Lee Z 11:30 A.M. Arthritis, Balance w/ Mary Lee Z 12:30 P.M. Mahjong 1:30 P.M. Pool Players 2:00 P.M. Aerobics w/DonnaZ	28 10:00 A.M. Line Dancing w/Helene Cancelled 11:15 A.M. Zumba Gold Chair w/Mary Lee Z 12:15 P.M. Canasta 1:30 P.M. Pool	29 9:00 A.M. Tai Chi Chih 10:00 A.M. Chair Yoga w/Diane (ZOOM is 11:30 a.m.) 10:00 A.M. Pinochle 10:30 A.M. Watercolor w/Peggy 12:00 P.M. Pool Cancelled 12:30 P.M. Bridge 2:15 P.M. Pilates w/Gina Cancelled New Year's Eve Eve Party 1:30PM	30 10:00 A.M. Pinochle 10:00 A.M. Current Events 1:30 P.M. Pool	31 New Year's Eve We are Closed for the Holiday Happy New Year's!	