

**Friday, September 30, 2022**

**Where does the time go? Can you believe today is the last day of September? I can't. Great time of year, though, with the temperatures. Crisp in the morning and lovely by noon. Don't let the time pass you. Get out and enjoy it now...before you know it, the first flake will be hitting the ground! Ugh!!!**

**For today, the following is the schedule of programs available at the center:**

**10:00 a.m. Pinochle**

**10:00 a.m. Flex, Stretch & Balance**

**11:00 a.m. Dancercise**

**12:00 p.m. Yoga and Meditation**

**12:00 p.m. Knitting**

**1:00 p.m. Dominoes**

**1:30 p.m. Pool Playing**

**Below are the links for zooming:**

**Topic: FSB and Dancercise**

**Time: 10:00 AM Eastern Time (US and Canada)**

**Donna Baccaro is inviting you to a scheduled Zoom meeting**

**Every 7 weeks on Fri, until Apr 14, 2023, 7 occurrence(s)**

**Join Zoom Meeting**

**[https://us02web.zoom.us/j/88023705140?pwd=yIPf77\\_5K-KRTJ-IgsjwD-ynLa0FqZ.1](https://us02web.zoom.us/j/88023705140?pwd=yIPf77_5K-KRTJ-IgsjwD-ynLa0FqZ.1)**

**Meeting ID: 880 2370 5140**

**Passcode: 079043**

**One tap mobile**

**+19292056099,,88023705140#,,,,\*079043# US (New York)**

**Dial by your location**

**+1 929 205 6099 US (New York)**

**Friday – 12:00 p.m.**

**Mary Ann G's Class**

**Join Zoom Meeting**

<https://us02web.zoom.us/j/81555973942?pwd=bmpXVjQxSIUvWXpidGJuTTR6dkltdz09>

**Meeting ID: 815 5597 3942**

**Passcode: 658254**

**One tap mobile**

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**Passcode: 658254**

**Octoberfest at the Brownstone: We are at our deadline for reservations today. We have now opened the trip to friends and family. If anyone is interested in attending, please give us a call today!!!! It's going to be great! Cost is \$85.00, includes music, dancing, and a fabulous lunch.**

**Planning ahead. We have our Breakfast and Trivia on Tuesday, October 4. Please call to reserve and to place your orders. Cost is \$5.00.**

**...and finally, to our friends and family in Florida and nearby, we are here for you and sending our prayers and good vibes. You got this!**

**Have a great weekend and stay dry. Looks like rain is in the forecast for tomorrow and maybe Sunday.**

**TTFN and hope to see you soon!**

**Ali**